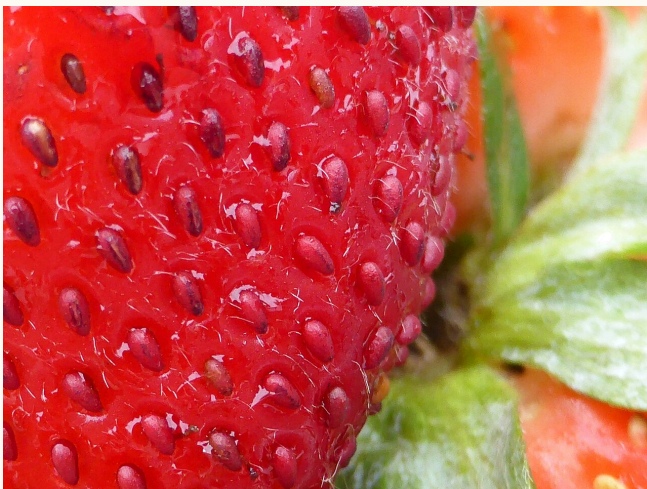




THE KITCHEN HAS A NEW FOOD CRITIC.

15 EASY DOG TREAT RECIPES

Small batches. Familiar ingredients. Very interested dogs.



Real ingredient photos. Exact quantities and step-by-step directions.

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WELCOME TO THE TREAT KITCHEN

Made to be
used—not
just
admired.

Familiar ingredients. Short steps.
Small batches. A tiny first taste.



PUZZLE PUP

How to use this book

01

Choose the texture

Frozen, crisp, soft, or savory—start with what your dog already enjoys.

02

Make every piece mini

Smaller pieces keep training fun without letting treat calories quietly add up.

03

Serve one new thing

Check every label and introduce one ingredient at a time so reactions are easy to spot.

BEFORE THE FIRST BATCH

This ebook is educational and is not veterinary nutrition advice. Homemade treats are extras, not a complete or balanced diet. Ask your veterinarian before introducing new ingredients, especially if your dog has allergies, pancreatitis, diabetes, kidney disease, a sensitive stomach, or a prescription diet.

Visuals: real ingredient photos and finished-treat illustrations. Batches will vary. Credits: page 23.

Choose by craving.

Fifteen recipes. Tap an illustration to jump straight to the recipe.



01

Frozen Pumpkin Banana Bites



02

Apple-Carrot Oat Coins



03

Blueberry Banana Pupsicles



04

Sweet Potato Oat Biscuits



05

Watermelon Cucumber Coolers



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Peanut Butter Pumpkin Cookies



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Chicken-Carrot Training Bites



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Beef-Pumpkin Training Cubes



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Banana Oat Mini Muffins

Read the label before the tail starts wagging.

Never use

Xylitol or birch sugar

Grapes, raisins, currants, or foods made with them

Macadamia nuts

Cooked bones

Chocolate, cocoa, coffee, or caffeine

Onion, garlic, chives, or seasoning blends containing them

Alcohol or raw yeast dough

Excess salt, sugar, or fat

Six safe-kitchen habits

- 01** Wash hands, bowls, tools, and work surfaces before and after food prep.
- 02** Keep raw meat and eggs separate from ready-to-eat ingredients.
- 03** Cook poultry to 165 F; ground beef and egg dishes to 160 F; fish to 145 F.
- 04** Cool treats completely before storing.
- 05** Refrigerate soft, moist, meat, fish, dairy, and frozen treats promptly.
- 06** Discard any treat that smells off, looks moldy, or was left out too long.

IF IT SMELLS OFF, LOOKS MOLDY, OR SAT OUT TOO LONG: THROW IT AWAY.

Measure less. Reward smarter.

Four visual rules make every recipe easier to portion, store, and repeat.

< 10%

THE DAILY TREAT CEILING

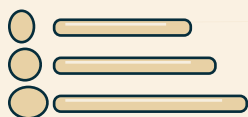
Keep treats to less than 10% of your dog's daily calories. Make pieces smaller for small dogs and for frequent training.

LEVEL THE CUP

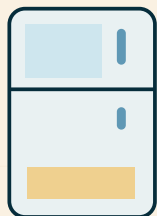


One cup equals 16 tablespoons. Level dry ingredients instead of packing the scoop.

USE THE RIGHT SPOON



One tablespoon equals three teaspoons. Small add-ins are where recipes drift.



COOL, LABEL, CHILL

Cool completely, write the recipe and date, then refrigerate moist treats at 40°F or below.

See the size before you serve it



TRAINING



SMALL DOG



LARGER TREAT

Training rewards should be pea-sized. Cut every listed yield smaller for small dogs, and introduce only one new ingredient at a time.



FINISHED-TREAT ILLUSTRATION. YOUR BATCH MAY LOOK DIFFERENT.

PUZZLE PUP

Frozen Pumpkin Banana Bites

10 min ACTIVE • 3 hr SET • 24 MINI BITES

Ingredients

- 1 cup plain pumpkin puree - not pumpkin pie filling
- 1 ripe banana, mashed
- 1/2 cup plain unsweetened yogurt

EQUIPMENT

Bowl, fork, silicone mini mold

Method

- 1 Mash the banana until mostly smooth.
- 2 Stir in the pumpkin and yogurt.
- 3 Spoon into a mini silicone mold.
- 4 Freeze until firm, about 3 hours.

STORE

Freeze in a sealed container for up to 1 month.
Serve straight from the freezer in small portions.

SWAP

For dairy-sensitive dogs, use water instead of yogurt.

SERVE

Start with one mini bite.

SHOP: [Snuffle Mat](#) | [Ready-made Pumpkin Dog Treats](#)



FINISHED-TREAT ILLUSTRATION. YOUR BATCH MAY LOOK DIFFERENT.

PUZZLE PUP

Apple-Carrot Oat Coins

15 min ACTIVE • 18-22 min BAKE • 28 SMALL COINS

OVEN 350 F

Ingredients

-  1 cup oat flour
-  1/2 cup finely grated carrot
-  1/2 cup unsweetened applesauce
-  1 large egg

EQUIPMENT

Bowl, spoon, lined baking sheet

Method

-  Heat the oven to 350 F and line a baking sheet.
-  Mix all ingredients into a thick, scoopable dough.
-  Drop teaspoon portions and flatten into small coins.
-  Bake 18-22 minutes, until set and lightly golden at the edges.
-  Cool completely.

STORE

Refrigerate in a sealed container for up to 5 days, or freeze for up to 1 month.

SWAP

Use pumpkin puree instead of applesauce.

SERVE

Break into smaller pieces for training.



FINISHED-TREAT ILLUSTRATION. YOUR BATCH MAY LOOK DIFFERENT.

PUZZLE PUP

Blueberry Banana Pupsicles

10 min ACTIVE • 3 hr SET • 16 MINI PUPSICLES

Ingredients

-  1 ripe banana
-  1/2 cup blueberries
-  1/2 cup plain unsweetened yogurt
-  2 tablespoons water, as needed

EQUIPMENT

Blender, silicone mini mold

Method

- 1** Blend banana, blueberries, and yogurt until smooth.
- 2** Add only enough water to help the mixture blend.
- 3** Pour into a mini mold.
- 4** Freeze until firm, about 3 hours.

STORE

Freeze in a sealed container for up to 1 month.

SWAP

Use water instead of yogurt for a dairy-free version.

SERVE

Offer outdoors or on an easy-clean mat.



FINISHED-TREAT ILLUSTRATION. YOUR BATCH MAY LOOK DIFFERENT.

PUZZLE PUP

Sweet Potato Oat Biscuits

20 min ACTIVE • 22-28 min BAKE • 24 SMALL BISCUITS

OVEN 350 F

Ingredients

-  1 cup cooked mashed sweet potato, plain
-  1 1/2 cups oat flour
-  1 large egg
-  2-4 tablespoons water, as needed

EQUIPMENT

Bowl, rolling pin, small cutter, lined baking sheet

Method

-  Heat the oven to 350 F and line a baking sheet.
-  Mix sweet potato, oat flour, and egg.
-  Add water a tablespoon at a time only if the dough is dry.
-  Roll 1/4 inch thick, cut small shapes, and place on the sheet.
-  Bake 22-28 minutes. Cool completely.

STORE

Refrigerate up to 5 days or freeze up to 1 month.

SWAP

Use plain pumpkin puree in place of sweet potato.

SERVE

For a crisper biscuit, turn off the oven and let treats dry inside for 20 minutes.

SHOP: [Snuffle Mat](#) | [Ready-made Pumpkin Dog Treats](#)



FINISHED-TREAT ILLUSTRATION. YOUR BATCH MAY LOOK DIFFERENT.

PUZZLE PUP

Watermelon Cucumber Coolers

10 min ACTIVE • 3 hr SET • 20 MINI COOLERS

Ingredients

-  1 1/2 cups seedless watermelon, rind removed
-  1/2 cup peeled cucumber
-  2 tablespoons water

EQUIPMENT

Blender, silicone mini mold

Method

-  Blend watermelon, cucumber, and water until smooth.
-  Pour into a mini mold.
-  Freeze until firm, about 3 hours.

STORE

Freeze in a sealed container for up to 1 month.

SWAP

Replace cucumber with a little extra watermelon.

SERVE

Serve one small piece at a time; these melt quickly.



FINISHED-TREAT ILLUSTRATION. YOUR BATCH MAY LOOK DIFFERENT.

PUZZLE PUP

Peanut Butter Pumpkin Cookies

20 min ACTIVE • 18-22 min BAKE • 26 SMALL COOKIES

OVEN 350 F

Ingredients

-  1 cup plain pumpkin puree
-  1/2 cup natural peanut butter labeled xylitol-free
-  2 cups oat flour
-  1 large egg

EQUIPMENT

Bowl, rolling pin, small cutter, lined baking sheet

Method

- 1** Read the peanut butter label and confirm it contains no xylitol or birch sugar.
- 2** Heat the oven to 350 F and line a baking sheet.
- 3** Mix pumpkin, peanut butter, and egg; stir in oat flour.
- 4** Roll 1/4 inch thick and cut small shapes.
- 5** Bake 18-22 minutes and cool completely.

STORE

Refrigerate up to 5 days or freeze up to 1 month.

SWAP

For a nut-free option, use plain pumpkin and add oat flour until a workable dough forms.

SERVE

Peanut butter is calorie-dense, so keep portions small.

SHOP: [Snuffle Mat](#) | [Ready-made Pumpkin Dog Treats](#)



FINISHED-TREAT ILLUSTRATION. YOUR BATCH MAY LOOK DIFFERENT.

PUZZLE PUP

Chicken-Carrot Training Bites

15 min ACTIVE • 18-22 min BAKE • 40 TINY BITES

OVEN 350 F

Ingredients

-  1 cup finely chopped cooked chicken breast, unseasoned
-  1/2 cup finely grated carrot
-  1 large egg
-  1/2 cup oat flour

EQUIPMENT

Food processor or knife, bowl, lined baking sheet

Method

- 1** Heat the oven to 350 F and line a baking sheet.
- 2** Pulse or chop the chicken very finely.
- 3** Mix chicken, carrot, egg, and oat flour.
- 4** Press into a thin 8-inch square on the sheet.
- 5** Bake 18-22 minutes. Confirm poultry reaches 165 F.
- 6** Cool, then cut into tiny training bites.

STORE

Refrigerate up to 3 days or freeze up to 1 month.

SWAP

Use unseasoned cooked turkey breast.

SERVE

Cut pea-sized for frequent rewards.

SHOP: [Snuffle Mat](#) | [Ready-made Pumpkin Dog Treats](#)



FINISHED-TREAT ILLUSTRATION. YOUR BATCH MAY LOOK DIFFERENT.

PUZZLE PUP

Salmon-Sweet Potato Nibbles

15 min ACTIVE • 20-24 min BAKE • 30 SMALL NIBBLES

OVEN 350 F

Ingredients

-  1 cup cooked boneless salmon, flaked and checked for bones
-  3/4 cup cooked mashed sweet potato, plain
-  1 large egg
-  1/2 cup oat flour

EQUIPMENT

Bowl, fork, lined baking sheet

Method

-  Heat the oven to 350 F and line a baking sheet.
-  Check the salmon carefully for bones.
-  Mix all ingredients into a soft dough.
-  Drop small teaspoon portions and flatten.
-  Bake 20-24 minutes, until the center reaches 160 F.
-  Cool completely.

STORE

Refrigerate up to 3 days or freeze up to 1 month.

SWAP

Use plain cooked white fish with all bones removed.

SERVE

Fish is rich; introduce slowly.

SHOP: [Snuffle Mat](#) | [Ready-made Pumpkin Dog Treats](#)



FINISHED-TREAT ILLUSTRATION. YOUR BATCH MAY LOOK DIFFERENT.

PUZZLE PUP

Turkey-Pumpkin Mini Meatballs

15 min ACTIVE • 16-20 min BAKE • 32 MINI MEATBALLS

OVEN 375 F

Ingredients

-  1 pound lean ground turkey
-  1/2 cup plain pumpkin puree
-  1 large egg
-  1/2 cup oat flour

EQUIPMENT

Bowl, lined baking sheet, food thermometer

Method

-  Heat the oven to 375 F and line a baking sheet.
-  Mix all ingredients just until combined.
-  Roll into 1-inch balls and arrange on the sheet.
-  Bake 16-20 minutes, until the centers reach 165 F.
-  Cool and cut into smaller pieces as needed.

STORE

Refrigerate up to 3 days or freeze up to 1 month.

SWAP

Use lean ground chicken and keep the same 165 F finish temperature.

SERVE

One meatball is several rewards for a small dog.

SHOP: [Snuffle Mat](#) | [Ready-made Pumpkin Dog Treats](#)



FINISHED-TREAT ILLUSTRATION. YOUR BATCH MAY LOOK DIFFERENT.

PUZZLE PUP

Cheddar-Apple Mini Biscuits

20 min ACTIVE • 18-22 min BAKE • 28 MINI BISCUITS

OVEN 350 F

Ingredients

-  1 1/2 cups oat flour
-  1/2 cup unsweetened applesauce
-  1/3 cup finely shredded cheddar
-  1 large egg

EQUIPMENT

Bowl, rolling pin, small cutter, lined baking sheet

Method

-  Heat the oven to 350 F and line a baking sheet.
-  Mix all ingredients into a soft dough.
-  Roll 1/4 inch thick and cut small shapes.
-  Bake 18-22 minutes until set.
-  Cool completely.

STORE

Refrigerate up to 4 days or freeze up to 1 month.

SWAP

Skip the cheese and add a little extra oat flour if needed.

SERVE

Cheese can upset dairy-sensitive dogs; start with a tiny piece.

SHOP: [Snuffle Mat](#) | [Ready-made Pumpkin Dog Treats](#)



FINISHED-TREAT ILLUSTRATION. YOUR BATCH MAY LOOK DIFFERENT.

PUZZLE PUP

Strawberry Oat Drops

15 min ACTIVE • 16-20 min BAKE • 24 SMALL DROPS

OVEN 350 F

Ingredients

-  1 cup oat flour
-  3/4 cup finely chopped strawberries, stems removed
-  1 ripe banana, mashed
-  1 large egg

EQUIPMENT

Bowl, fork, lined baking sheet

Method

-  Heat the oven to 350 F and line a baking sheet.
-  Mash the banana and stir in the egg.
-  Fold in oat flour and strawberries.
-  Drop teaspoon portions onto the sheet.
-  Bake 16-20 minutes and cool completely.

STORE

Refrigerate up to 4 days or freeze up to 1 month.

SWAP

Use blueberries in place of strawberries.

SERVE

These are soft and moist, so refrigerate promptly.

SHOP: [Snuffle Mat](#) | [Ready-made Pumpkin Dog Treats](#)



FINISHED-TREAT ILLUSTRATION. YOUR BATCH MAY LOOK DIFFERENT.

PUZZLE PUP

Green Bean Crunchers

15 min ACTIVE • 25-30 min BAKE • 28 SMALL CRUNCHERS

OVEN 325 F

Ingredients

-  1 cup finely chopped cooked green beans, plain
-  1 1/2 cups oat flour
-  1 large egg
-  1/3 cup water

EQUIPMENT

Food processor or knife, bowl, lined baking sheet

Method

- 1** Heat the oven to 325 F and line a baking sheet.
- 2** Chop the green beans very finely.
- 3** Mix all ingredients into a firm dough.
- 4** Roll 1/4 inch thick and cut small shapes.
- 5** Bake 25-30 minutes and cool completely.

STORE

Refrigerate up to 5 days or freeze up to 1 month.

SWAP

Use finely grated zucchini that has been squeezed dry.

SERVE

Break into bite-sized pieces before serving.

SHOP: [Snuffle Mat](#) | [Ready-made Pumpkin Dog Treats](#)



FINISHED-TREAT ILLUSTRATION. YOUR BATCH MAY LOOK DIFFERENT.

PUZZLE PUP

Zucchini-Carrot Soft Bites

20 min ACTIVE • 18-22 min BAKE • 30 SOFT BITES

OVEN 350 F

Ingredients

-  1/2 cup finely grated zucchini, squeezed dry
-  1/2 cup finely grated carrot
-  1 large egg
-  1 cup oat flour
-  1/3 cup plain pumpkin puree

EQUIPMENT

Grater, clean towel, bowl, lined baking sheet

Method

-  Heat the oven to 350 F and line a baking sheet.
-  Wrap the zucchini in a clean towel and squeeze out excess water.
-  Mix all ingredients into a thick batter.
-  Spread into an 8-inch square about 1/2 inch thick.
-  Bake 18-22 minutes. Cool and cut into small squares.

STORE

Refrigerate up to 4 days or freeze up to 1 month.

SWAP

Use finely chopped cooked green beans instead of zucchini.

SERVE

The soft texture works well for senior dogs when cut small.

SHOP: [Snuffle Mat](#) | [Ready-made Pumpkin Dog Treats](#)



FINISHED-TREAT ILLUSTRATION. YOUR BATCH MAY LOOK DIFFERENT.

PUZZLE PUP

Beef-Pumpkin Training Cubes

15 min ACTIVE • 18-22 min BAKE • 48 TINY CUBES

OVEN 375 F

Ingredients

-  1 pound lean ground beef
-  1/2 cup plain pumpkin puree
-  1 large egg
-  1/2 cup oat flour

EQUIPMENT

Bowl, lined baking sheet, food thermometer

Method

-  Heat the oven to 375 F and line a baking sheet.
-  Mix all ingredients just until combined.
-  Press into a thin 8-inch square on the sheet.
-  Bake 18-22 minutes, until the center reaches 160 F.
-  Drain any excess fat, cool, and cut into tiny cubes.

STORE

Refrigerate up to 3 days or freeze up to 1 month.

SWAP

Use lean ground turkey and cook to 165 F.

SERVE

Keep cubes pea-sized for training.

SHOP: [Snuffle Mat](#) | [Ready-made Pumpkin Dog Treats](#)



FINISHED-TREAT ILLUSTRATION. YOUR BATCH MAY LOOK DIFFERENT.

PUZZLE PUP

Banana Oat Mini Muffins

15 min ACTIVE • 12-15 min BAKE • 24 MINI MUFFINS

OVEN 350 F

Ingredients

-  2 ripe bananas, mashed
-  1 1/2 cups oat flour
-  2 large eggs
-  1/2 cup plain pumpkin puree

EQUIPMENT

Bowl, fork, silicone mini muffin pan

Method

-  Heat the oven to 350 F.
-  Mash the bananas until smooth.
-  Whisk in the eggs and pumpkin, then stir in oat flour.
-  Fill mini muffin cups about two-thirds full.
-  Bake 12-15 minutes until set. Cool completely.

STORE

Refrigerate up to 5 days or freeze up to 1 month.

SWAP

Replace pumpkin with unsweetened applesauce.

SERVE

Break one muffin into several portions for small dogs.

SHOP: [Snuffle Mat](#) | [Ready-made Pumpkin Dog Treats](#)

A calmer seven-day treat plan

One batch. Small portions. A reason for every reward.



Frozen Pumpkin Banana Bites



Chicken-Carrot Training Bites



Green Bean Crunchers

Pick one anchor batch, then write the week around it.

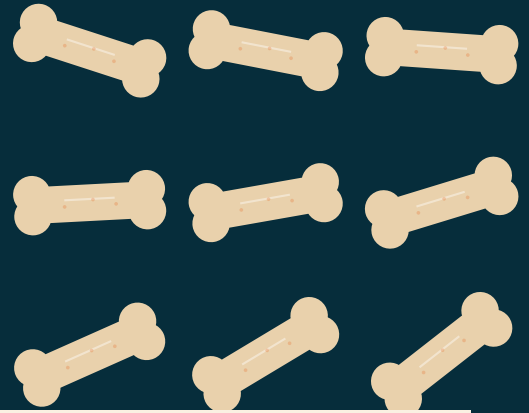
DAY	PURPOSE	RECIPE	PIECES	NOTES
DAY 1	Training walk	Recipe 7	8 mini	Freeze half
DAY 2				
DAY 3				
DAY 4				
DAY 5				
DAY 6				
DAY 7				

The five-minute close

- ☐ Cool completely
- ☐ Count portions
- ☐ Label the date
- ☐ Chill or freeze

Good treats are small. Good days are full.

Keep learning, keep playing, and keep your dog's nose and brain busy.



More free PuzzlePup resources

-  PuzzlePupCo.com/Guides
-  PuzzlePupCo.com/Snuffle
-  PuzzlePupCo.com/Treats

Safety sources

WSAVA - Feeding treats to your dog

ASPCA - People foods to avoid feeding your pets

FDA - Proper storage of pet food and treats

USDA - Safe minimum internal temperatures

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PUZZLEPUP

Small batches. Familiar ingredients. Very interested dogs.

Updated photos and product links - October 2026

VISUALS & IMAGE CREDITS.

Cover and earlier ingredient-photo edition: real images credited below.

Recipe images: generated illustrations, not photographed test batches.

Original images stay intact. The authentic watermark is a separate edit.

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